

BRUNCH FAVORITES

served with fresh fruit & home fries

Wagyu Short Rib Hash

two eggs any style, sautéed onions, crispy potatoes, tomatoes, fresh parsley

28

Vanilla French Toast

applewood smoked bacon, Vermont maple syrup, fresh fruit

22

Steak & Eggs

8oz NY steak, two eggs any style, home fries

27

OMELETS & SCRAMBLES

served with home fries & white toast

Fresh Mozzarella, Tomato, Basil Omelet

23

Spinach, Roasted Pepper & Goat Cheese Omelet

23

Smoked Bacon, Mushroom & Cheddar Omelet

23

*please, no substitutions

*egg white 4

BENEDICTS

served with home fries

Sails Eggs Benedict

Canadian ham, griddled English muffin, hollandaise

25

Crab Cake Benedict

sautéed spinach, crisp bacon, hollandaise

27

STARTERS & SALADS

Maine Lobster Bisque

dill creme fraiche

13

Steamed Edamame

fine sea salt

14

Crispy Rice (4) choose one: Ahi Tuna • Lump Crab • Spicy Salmon

avocado, jalapeno, unagi, togarashi

25

Point Judith Calamari

fried zucchini, cherry peppers, sweet chili mango dipping sauce

22

Grilled Flatbread

sweet corn, scallions, fresh mozzarella, pesto

22

Sticky Rock Shrimp

tossed in sweet chili ginger glaze with Thai basil

20

Sails Salad

chopped mixed greens, cucumbers, tomatoes, red onions, crumbled blue cheese, sherry shallot vinaigrette

17

Caesar Salad

kale or romaine lettuce, garlic croutons, parmesan crisp

16

*add white anchovies

3

Chopped Cobb Salad

mixed field greens, applewood smoked bacon, grape tomatoes, Hass avocado, gorgonzola, hard boiled egg, balsamic vinaigrette

23

Maine Lobster Salad

butter lettuce, avocado, sweet corn, strawberries, smoked bacon, lemon herb vinaigrette, toasted almonds

29

Super Grain Salad

quinoa, arugula, kale, edamame, avocado, grapes, cucumbers, feta cheese, tarragon vinaigrette, toasted pistachios

24

*add to any salad

• grilled organic chicken 12 • tiger shrimp (4) 17 • organic salmon 17 • ahi tuna 18 • crab cake 18

• gorgonzola / goat cheese / feta / mozzarella / parmesan 2

OYSTERS

6 minimum

served with cocktail & mignonette sauce

Wellfleet (MA)

large, briny, crisp finish

5 each

Beau Soleil (CAN)

medium, plump & firm, salty taste

5 each

POTSTICKERS

5 pieces

served with ponzu dipping sauce

Shrimp Scallion

20

• Chicken Lemongrass

18

• Pork Ginger

17

SUSHI

La Mere Crunch Roll

shrimp tempura & sweet potato inside | spicy tuna, avocado, and caramelized onions on top | unagi, togarashi

29

ENTREES

Rigatoni Bolognese

traditional sauce, fresh parsley, herb ricotta

33

Maine Lobster Roll

hot butter, toasted brioche, truffle parmesan hand-cut fries

37

Soft-Shell Crab (2)

soba noodle vegetable sauté, ginger garlic glaze

42

Stir Fry Chicken, Shrimp, Filet, or Vegetables

Jasmine rice - Chicken 29 / Shrimp 30 / Filet 33 / Vegetables 27

*add tofu

3

• choice of Asian sauce: Szechuan | sweet & sour | garlic sesame | duck sauce

Wagyu NY Strip Steak Frites (14oz)

petite Caesar salad, brandy peppercorn demi-glace

56

FRIES

Simple

10

• Gravy

11

• Sweet Potato

10

Truffle

12

• Spicy

11

MARKET VEGETABLES

12 each

Sautéed Garlic Spinach

• Grilled Asparagus

Sautéed Broccoli

• Haricot Vert

DESSERTS

Red Velvet Cake

vanilla ice cream

16

Coconut Flan

fresh strawberries, toasted almonds

16

Sails Carrot Cake

crème anglaise, vanilla ice cream

16