



## STARTERS

- Shrimp Gazpacho Ibiza** with sliced avocado, corn chips 16  
**Steamed Edamame** Maldon sea salt 14  
**Ahi Tuna Tartar** guacamole, blue/yellow corn tortilla chips, soy ginger sesame, togarashi, pickled ginger 25  
**Pulled Chicken Quesadilla** pulled marinated chicken, pepper jack cheese, pico de gallo, guacamole, sour cream 19  
**Maryland Lump Crab Cake** sweet corn & avocado salsa, Old Bay aioli 23  
**Point Judith Calamari** banana peppers, spicy fra diavolo dipping sauce 20  
**Jumbo Bavarian Pretzel** beer cheese sauce, spicy mustard 16  
**Grilled Pepperoni Flatbread** burrata, caramelized onions, sweet drop peppers, pesto 20  
**Sticky Rock Shrimp** tossed in sweet chili ginger glaze with Thai basil 20

## POTSTICKERS

5 pieces, served with ponzu dipping sauce

- Lobster** 22 • **Chicken Lemon Grass** 18 • **Pork Ginger** 17

## SALADS

- \*add to any salad** • **grilled organic chicken** 12 • **tiger shrimp (4)** 17 • **organic salmon** 17 • **ahi tuna** 18 • **crab cake** 18  
• **gorgonzola / goat cheese / feta / mozzarella / parmesan** 3

**Sails Salad** chopped mixed greens, cucumbers, tomatoes, red onions, crumbled blue cheese, sherry shallot vinaigrette 17

**Caesar Salad** kale or romaine lettuce, garlic croutons, parmesan crisp 16 *\*add white anchovies* 3

**Chopped Cobb Salad** mixed field greens, applewood smoked bacon, grape tomatoes, Hass avocado, gorgonzola, hard boiled egg, balsamic vinaigrette 23

**Roasted Beets & Goat Cheese Salad** baby arugula, prosciutto, orange segments, red onions, toasted walnuts, honey dijon vinaigrette 24

**Power Bowl Salad** chopped kale, quinoa, parmesan chickpea crisp, sweet potato, red onion, avocado, toasted almonds, whipped ricotta, lemon herb vinaigrette 24

**Super Green Salad** shaved Brussels sprouts, arugula, kale, edamame, avocado, grilled asparagus, ricotta salata, green goddess tarragon vinaigrette, toasted pistachios 24

• **truffle fries** 5 • **sweet potato fries** 4

**SANDWICHES & BURGERS** served with • **french fries** • **parmesan tater tots** 5

**Maryland Crab Cake Burger** bacon, avocado, house cole slaw, toasted brioche, hand-cut fries 27

**Maine Lobster Roll** hot butter, toasted brioche, parmesan truffle fries 36

**Nantucket-Inspired Tuna Burger** sunomono, ginger wasabi aioli, toasted English muffin 27

**Sails Classic Burger** American cheese, lettuce, tomato, onions, toasted English muffin 20

*\*add gorgonzola or cheddar* 3 • *egg or smoked bacon* 3

**The Lola Burger** 8oz CAB beef, sweet red onion compote, cabot cheddar, toasted English muffin, foie gras demi reduction 23

**Buttermilk Free-Range Fried Chicken Sandwich** smoked bacon, aged cheddar cheese, chipotle ranch aioli, toasted brioche, hand-cut fries 23

**Grilled Filet Mignon Sandwich** baby arugula, melted brie, pesto horseradish aioli, grass onions, toasted ciabatta, hand-cut fries 25

**Turkey Burger** lettuce, tomato, onion, avocado, pepper jack cheese, toasted English muffin 22

**Beyond Burger** lettuce, tomato, onions, vegan cheddar cheese, mayonnaise, toasted brioche 19

## ENTREES

**Mezzi Rigatoni Bolognese** traditional sauce, fresh parsley, grated Reggiano 32

**Chatham Cod Beer-Battered Fish & Chips** house-made coleslaw, malt vinegar, tartar sauce 27

**Sesame Crusted Ahi Tuna** Jasmine rice, bok choy, orange sweet chili ginger glaze 38

**Braised Fish** white fish braised in Thai coconut curry, Jasmine rice, wok vegetables, Thai basil 36

**Organic Chicken Milanese** burrata, baby arugula, red onions, tomatoes, balsamic vinaigrette, shaved Reggiano 32

**Fjord Salmon Filet** sweet corn risotto, marinated tomatoes, tartar sauce beurre blanc 36

**Roasted Murray's ½ Chicken** mashed potatoes, haricot verts, Meyer lemon-rosemary jus 33

**Stir Fry Chicken, Shrimp, Filet, or Vegetables** Jasmine rice - Chicken 27 / Shrimp 29 / Filet 32 / Vegetables 25

*\*add tofu* 3 • *choice of Asian sauce: Szechuan | sweet & sour | garlic sesame | duck sauce*

**Filet Mignon Medallions** Yukon potato puree, fried Brussels sprouts, cipollini onions, red wine pan jus 36

**NY Strip Steak Frites** brandy peppercorn demi-glace 47

## FRIES

- Simple** 10 • **Gravy** 11 • **Truffle** 12 • **Spicy** 11  
**Sweet Potato** 10 • **Parmesan Tater Tots** 11

## MARKET VEGETABLES 12 each

- Sautéed Garlic Spinach** • **Grilled Asparagus**  
**Sautéed Broccoli** • **Fried Brussels Sprouts** roasted garlic balsamic glaze