



_____ **BRUNCH FAVORITES** *served with fresh fruit*

- American Breakfast** two eggs any style, hash browns, breakfast sausage or bacon, white toast 20
Huevos Rancheros two eggs any style, black beans, crispy corn tortilla, pepper jack cheese, guacamole, sour cream, salsa fresca 18
Buttermilk Pancakes (2) Vermont maple syrup 18 **add chocolate chips 2*
Short Rib Hash two eggs any style, sauteed onions, crispy potatoes, tomatoes, fresh parsley 25
Sausage, Egg & Cheese Sandwich two eggs any style, brioche bun, tomatoes, American cheese, french fries 16
Vanilla French Toast apple-wood smoked bacon, Vermont maple syrup, fresh fruit 18
Steak & Eggs 8oz NY steak, two eggs any style, home fries 25

_____ **OMELETS & SCRAMBLES** *served with hash browns & white toast*

- Fresh Mozzarella, Tomato, Basil Omelet** home fries, fresh fruit 20
Spinach, Roasted Pepper & Goat Cheese Omelet home fries, fresh fruit 20
Smoked Bacon, Mushroom & Cheddar Omelet home fries, fresh fruit 20

_____ **BENEDICTS** *served with hash browns*

- Sails Eggs Benedict** Canadian ham, griddled English muffin, hollandaise 22
Crab Cake Benedict sautéed spinach, crisp bacon, hollandaise 26

_____ **POTSTICKERS**

- 5 pieces, served with ponzu dipping sauce
Lobster 22 • **Chicken Lemon Grass** 18 • **Pork Ginger** 17

_____ **STARTERS & SALADS**

- Shrimp Gazpacho** with sliced avocado, corn chips 16
Steamed Edamame Maldon sea salt 14
Ahi Tuna Tartar guacamole, blue/yellow corn tortilla chips, soy ginger sesame, togarashi, pickled ginger 25
Pulled Chicken Quesadilla pulled marinated chicken, pepper jack cheese, pico de gallo, guacamole, sour cream 19
Baked Macaroni & Cheese toasted parmesan breadcrumbs 20 **add bacon 4*
Maryland Lump Crab Cake sweet corn & avocado salsa, Old Bay aioli 23
Point Judith Calamari banana peppers, spicy fra diavolo dipping sauce 20
Jumbo Bavarian Pretzel beer cheese sauce, spicy mustard 16
Grilled Pepperoni Flatbread burrata, caramelized onions, sweet drop peppers, pesto 20
Thai Chicken Lettuce Wraps (5) butter lettuce, carrots, cucumbers, jicama, spicy peanut & ginger hoisin sauce 20
Sticky Rock Shrimp tossed in sweet chili ginger glaze with Thai basil 20
Sails Salad chopped mixed greens, cucumbers, tomatoes, red onions, crumbled blue cheese, sherry shallot vinaigrette 17
Caesar Salad kale or romaine lettuce, garlic croutons, parmesan crisp 16 **add white anchovies 3*
Chopped Cobb Salad mixed field greens, applewood smoked bacon, grape tomatoes, Hass avocado, gorgonzola, hard boiled egg, balsamic vinaigrette 23
Roasted Beets & Goat Cheese Salad baby arugula, prosciutto, orange segments, red onions, toasted walnuts, honey dijon vinaigrette 24
Power Bowl Salad chopped kale, quinoa, parmesan chickpea crisp, sweet potato, red onion, avocado, toasted almonds, whipped ricotta, lemon herb vinaigrette 24
Super Green Salad shaved Brussels sprouts, arugula, kale, edamame, avocado, grilled asparagus, ricotta salata, green goddess tarragon vinaigrette, toasted pistachios 24
***add to any salad** • **grilled organic chicken** 12 • **tiger shrimp (4)** 17 • **organic salmon** 17 • **ahi tuna** 18 • **crab cake** 18
• **gorgonzola / goat cheese / feta / mozzarella / parmesan** 3

_____ **SANDWICHES & BURGERS** *served with* • **truffle fries** 5 • **sweet potato fries** 4
• **french fries** • **parmesan tater tots** 5

- Maryland Crab Cake Burger** bacon, avocado, house cole slaw, toasted brioche, hand-cut fries 27
Nantucket-Inspired Tuna Burger sunomono, ginger wasabi aioli, toasted English muffin 27
Sails Classic Burger American cheese, lettuce, tomato, onions, toasted English muffin 20
**add gorgonzola or cheddar 3 • egg or smoked bacon 3*
The Lola Burger 8oz CAB beef, sweet red onion compote, cabot cheddar, toasted English muffin, foie gras demi reduction 23
Buttermilk Free-Range Fried Chicken Sandwich smoked bacon, aged cheddar cheese, chipotle ranch aioli, toasted brioche, hand-cut fries 23
Grilled Filet Mignon Sandwich baby arugula, melted brie, pesto horseradish aioli, grass onions, toasted ciabatta, hand-cut fries 25
Turkey Burger lettuce, tomato, onion, avocado, pepper jack cheese, toasted English muffin 22
Beyond Burger lettuce, tomato, onions, vegan cheddar cheese, mayonnaise, toasted brioche 19

_____ **ENTREES**

- Mezzi Rigatoni Bolognese** traditional sauce, fresh parsley, grated Reggiano 32
Chatham Cod Beer-Battered Fish & Chips house-made coleslaw, malt vinegar, tartar sauce 27
Stir Fry Chicken, Shrimp, Filet, or Vegetables Jasmine rice - Chicken 27 / Shrimp 29 / Filet 32 / Vegetables 25
**add tofu 3 • choice of Asian sauce: Szechuan | sweet & sour | garlic sesame | duck sauce*

_____ **FRIES**

- Simple** 10 • **Gravy** 11 • **Truffle** 12 • **Spicy** 11
Sweet Potato 10 • **Parmesan Tater Tots** 11

_____ **MARKET VEGETABLES** 12 each

- Sautéed Garlic Spinach** • **Grilled Asparagus**
Sautéed Broccoli • **Fried Brussels Sprouts** roasted garlic balsamic glaze